

#### UROLOGY AND OBSTETRICS/GYNECOLOGY **MEDICAL POLICY GROUP** Co-chairs

Katherine Dallow, MD, MPH • Vice President • Clinical Programs and Strategy Desiree Otenti, ANP, MPH, Senior Director • Medical Policy Administration

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12-2 pm	Conference call only.
	Please email ebr@bcbsma.com for more information.
	12-2 pm

Invited: Katherine Dallow, MD, MPH, co-chair (Medical Policy Administration), Desiree Otenti, ANP, cochair, (Medical Policy Administration); Grace Baker, MSW, LCSW, (Medical Policy Administration); Laura Barry, RN, BSN, (Medical Policy Administration); Craig Haug, MD, (Surgery); Thomas Hawkins, MD, (Internal Medicine); Kenneth Duckworth, MD, (Psychiatry); Peter Lakin, R.Ph, (Pharmacy Operations); Thomas Kowalski, R.Ph, (Clinical Pharmacy)

Invited Physician Guest(s): Representatives from the Massachusetts Society of Urology, Representatives from the Massachusetts Society of Obstetrics and Gynecology;

### **RSVP to EBR@BCBSMA.com**

Network physicians who plan to attend the meeting must confirm and provide their contact information by email to EBR@bcbsma.com at least 48 hours before the meeting. Please be aware that this meeting may end early if there are no attending providers.

Policies with Upcoming Coverage Updates			
Policy 078 – <u>Sexual</u>	Effective 10/1/2020:		
<u>Dysfunction Diagnosis and</u>	Policy 078 will be updated to indicate that 6 units per 30 days is allowed for		
<u>Therapy</u>	generic drug sildenafil. Brand name Viagra remains 4 units per 30 days.		
Policy 244 - <u>Laparoscopic</u> <u>and Percutaneous</u> <u>Techniques for the Myolysis</u> <u>of Uterine Fibroids</u>	<b>Effective 10/1/2020:</b> New medically necessary indications described for laparoscopic radiofrequency ablation of uterine fibroids based on expert opinion.		
Policy 123 – Nononcologic	<b>Effective November 1, 2020:</b>		
Uses of Rituximab	New medical policy describing medically necessary indications. Draft policy will be available October 1, 2020.		

Policies with Coverage Updates in the Past 12 Months			
Policy 086 – <u>Assisted</u> <u>Reproductive Services</u> (infertility services)	<ul> <li>Effective 5/1/2020: Donor sperm, cryopreservation of sperm or testicular tissue and evaluation requirements clarified:</li> <li>Added note in donor sperm section clarifying that not all fees associated with donor sperm are covered</li> <li>Clarified that Estradiol levels must be equal to or greater than 100 in evaluation requirements for IVF procedure.</li> </ul>		
	<ul> <li>Effective 3/1/2020:</li> <li>Evaluation and donor requirements clarified:</li> <li>To include 3D ultrasound, and hysterosalpingo contrast sonography (HyCoSy).</li> </ul>		

	<ul> <li>Non-smoking members with an initial negative cotinine level test, are not required to have repeat or ongoing cotinine tests.</li> <li>Frozen embryo transfer for reciprocal IVF is covered if the recipient meets criteria for donor egg/embryo.</li> </ul>
Policy 733 - <u>Focal</u> <u>Treatments for Prostate</u> <u>Cancer</u>	Effective 4/1/2020: Local Coverage Determination (LCD): Salvage High-intensity Focused Ultrasound (HIFU) Treatment in Prostate Cancer (PCa) (L38262) added.
Policy 555 – <u>Identification of</u> <u>Microorganisms Using</u> <u>Nucleic Acid Probes</u>	Effective 3/11/2020: New medically necessary and investigational indications described. Nucleic acid testing without quantification of viral load) is medically necessary for: Chlamydia pneumoniae Bordetella Pertusis Mumps Rubeola (measles) Influenza Virus Zika Virus. Nucleic acid testing respiratory virus panel (without quantification of viral load) is considered medically necessary. Nucleic acid testing panel is investigational for: Central nervous system pathogen panel Gastrointestinal pathogen panel.
	<ul> <li>Nucleic acid testing using direct or amplified probe technique is</li> <li>investigational for:</li> <li>Gardernella vaginalis.</li> </ul>
Policy 968 - <u>AIM Advanced</u> <u>Imaging/Radiology</u>	<ul> <li>Effective 2/9/2020:</li> <li>Foreign body (Pediatric only), Gastrointestinal bleeding, Henoch-Schonlein purpura, Hematoma or hemorrhage – intracranial or extracranial, Perianal fistula/abscess (fistula in ano), Ascites, Biliary tract dilatation or obstruction, Cholecystitis, Choledocholithiasis, Focal liver lesion, Hepatomegaly, Jaundice, Azotemia, Adrenal mass, indeterminate, Hematuria, Renal mass, Urinary tract calculi, Adrenal hemorrhage, Adrenal mass, Lymphadenopathy, Splenic hematoma, Undescended testicle (cryptorchidism)</li> <li>Pancreatic mass         <ul> <li>Separated criteria for solid and cystic pancreatic masses</li> <li>Defined follow up intervals for cystic pancreatic masses</li> <li>Moved this indication to Oncologic Imaging Guideline</li> </ul> </li> </ul>
Policy 747 – Magnetic Resonance Imaging Targeted Biopsy of the Prostate	Effective February 1, 2020 – This policy is retired. This is now a covered service.
Policy 178 – Complementary Medicine	Effective 1/1/2020: Investigational statement on acupuncture was removed. Clarified coding information.

Policy 744 – Prostatic	Effective 1/1/2020:	
Urethral Lift	Medically necessary statement was updated to remove: Patient does	
	not have prostate-specific antigen level ≥3 ng/mL.	
	Medically necessary criterion regarding nickel allergy was expanded to	
	include titanium and stainless steel.	
Policy 400 – Medical	Effective 12/1/2019:	
technology Assessment	<ul> <li>Ongoing investigational code C8937 added. This code was</li> </ul>	
Noncovered Services	transferred from retired medical policy #578, Computer-Aided	
	Evaluation as an Adjunct to Magnetic Resonance Imaging of the Breast.	
	<ul> <li>C8937 Computer-aided detection, including computer algorithm analysis of breast MRI image data for lesion</li> </ul>	
	detection/characterization, pharmacokinetic analysis, with further physician review for interpretation (list separately in addition to code for primary procedure)	
Policy 147 - Zulresso <sup>™</sup>	Effective 10/1/2019:	
(Brexanalone) for the	<ul> <li>Policy clarified to state that ZulressoTM must be administered in</li> </ul>	
Treatment of Post-Partum	the inpatient setting.	
Depression		
Policy 336 – Biomarkers for	Effective 8/2019:	
the Diagnosis and Cancer	Local Coverage Determination (LCD): Biomarker Testing (Prior to Initial	
Risk Assessment of	Biopsy) for Prostate Cancer Diagnosis (L37733) (4K score) added.	
Prostate Cancer		

# Policies with No Coverage Updates

## 1. Addyi (<u>131</u>)

- 2. AIM Genetic Testing Management Program Commercial and Medicare Advantage (954)
- 3. AIM High Technology Radiology Management Program CPT Codes (900)
- 4. Benign Prostatic Hyperplasia (BPH) Prescription Drug Step Therapy: Avodart (Dutasteride) Finasteride; Proscar (Finasteride) (040)
- 5. Biofeedback as a Treatment of Urinary Incontinence (173)
- 6. Brachytherapy for Clinically Localized Prostate Cancer Using Permanently Implanted Seeds (175)
- 7. Breast Duct Endoscopy (493)
- 8. Cellular Immunotherapy for Prostate Cancer (268)
- 9. Computer-Aided Evaluation as an Adjunct to Magnetic Resonance Imaging of the Breast (578)
- 10. Cryosurgical ablation of the Prostate (149)
- 11. Epithelial Cell Cytology in Breast Cancer Risk Assessment and High-Risk Patient Management (Ductal Lavage and Suction Collection Systems) (<u>492</u>)
- 12. Handheld Radiofrequency Spectroscopy for Intraoperative Assessment of Surgical Margins during Breast-Conserving Surgery (546)
- 13. Hematopoietic Cell Transplantation for Epithelial Ovarian Cancer (204)
- 14. Home Uterine Activity Monitoring (043)
- 15. Hydrogel Spacer Use During Radiotherapy for Prostate Cancer (743)
- 16. Incontinence Injectable Bulking Agents for the Treatment of Urinary and Fecal Incontinence (471)
- 17. Intensity Modulated Radiation Therapy (IMRT) of the Prostate (090)
- 18. Intravenous Immunoglobulin (for recurrent fetal loss; recurrent spontaneous abortion) (310)
- 19. Laboratory Tests for Heart and Kidney Transplant Rejection (530)
- 20. Mineral Density Studies (450)
- 21. MRI-Guided Focused Ultrasound MRgFUS (243)
- 22. Multimarker Serum Testing Related to Ovarian Cancer (249)
- 23. Multitarget Polymerase Chain Reaction Testing for Diagnosis of Bacterial Vaginosis (711)
- 24. Nerve Graft in Association with Radical Prostatectomy (590)
- 25. Obstetrical Ultrasound and Ultrasound for Family Planning (007)
- 26. Occlusion of Uterine Arteries Using Transcatheter Embolization or Laparoscopic Occlusion to Treat Uterine Arteries (242)

27. Oncology Drugs (409)

- 28. Ovarian and Internal Iliac Vein Embolization as a Treatment of Pelvic Congestion Syndrome (266)
- 29. Overactive Bladder Medications: Detrol/LA (tolterodine); Ditropan/XL (oxybutynin); Enablex (darifenacin); oxybutynin/ER; Sanctura/XR (trospium); Toviaz (fesoterodine); VESIcare (solifenacin) (170)
- 30. Pelvic Floor Stimulation as a Treatment of Urinary Incontinence and Fecal Incontinence (470)
- 31. Percutaneous Tibial Nerve Stimulation (583)
- 32. Plastic Surgery: Reconstructive and Cosmetic Services (Reconstruction after Mastectomy) (068)
- 33. Preimplantation Genetic Testing (088)
- 34. Radiofrequency Ablation of the Renal Sympathetic Nerves as a Treatment for Resistant Hypertension (919)
- 35. Radioimmunoscintigraphy Imaging (Monoclonal Antibody Imaging) Using In-111 Satumomab Pendetide (OncoScint) or Tc-99m Arcitumomab (IMMU-4, CEA-Scan (<u>638</u>)
- 36. Radioimmunoscintigraphy Imaging (Monoclonal Antibody Imaging) with Indium-111 Capromab Pendetide (Prostascint®) for Prostate Cancer (639)
- 37. Radioimmunoscintigraphy Imaging (Monoclonal Antibody Imaging) Using Technetium-99m Nofetumomab Merpentan (Verluma) (<u>640</u>)
- 38. Reconstructive Breast Surgery/Management of Breast Implants (428)
- 39. Reduction Mammaplasty for Breast-Related Symptoms (703)
- 40. Sacral Nerve Neuromodulation/Stimulation (153)
- 41. Saturation Biopsy for Diagnosis and Staging of Prostate Cancer (307)
- 42. Scintimammography-Breast-Specific Gamma Imaging-Molecular Breast Imaging (494)
- 43. Serum Biomarker Human Epididymis Protein 4 (HE4) (290)
- 44. Systems Pathology in Prostate Cancer (250)
- 45. Testing Serum Vitamin D Levels (746)
- 46. Transrectal Ultrasound for Staging Rectal Cancer (679)
- 47. Transrectal Ultrasound of the Prostate (680)
- 48. Transurethral Water Vapor Thermal Therapy for Benign Prostatic Hyperplasia (060)
- 49. Transvaginal and Transurethral Radiofrequency Tissue Remodeling for Urinary Stress Incontinence (523)
- 50. Tumor Markers for Diagnosis and Management of Cancer (<u>167</u>)
- 51. Vertebral Fracture Assessment with Densitometry (449)

### **Reference Policies**

Policy 072 - Outpatient	New policy outlining procedure codes that require prior authorization when
Prior Authorization Code	performed in the outpatient setting.
List	

Specialty	Date	Time
Neurology and Neurosurgery	January 28 <sup>+</sup> , 2020	12 –2 PM
Hematology and Oncology	February 25 <sup>+</sup> , 2020	9–11 AM
Allergy and ENT/Otolaryngology	Monday March 23 <sup></sup> , 2020	12 –2 PM
Cardiology and Pulmonology	April 28 <sup>th</sup> , 2020	12 –2 PM
Pediatrics and Endocrinology	May 26 <sup>th</sup> , 2020	12 –2 PM
Orthopedics, Rehabilitation Medicine and Rheumatology	June 30 <sup>th</sup> , 2020	12 –2 PM
Psychiatry and Ophthalmology	July 28 <sup>th</sup> , 2020	12 –2 PM
Urology and Obstetrics/Gynecology	September 29 <sup>th</sup> , 2020	12 –2 PM
Gastroenterology, Nutrition and Organ Transplantation	October 27 <sup>th</sup> , 2020	12 –2 PM
Plastic Surgery, Dermatology and Podiatry	November 17 <sup>th</sup> , 2020	12 –2 PM

For questions: <u>ebr@bcbsma.com</u>